

DAS.4

SMARTWATCHES & WEARABLES

ST30 | User Manual



Introduction

Thank you for choosing our product! Please read the user manual in order to have a complete understanding on the smartwatches features and operation method.

The functions in the user manual may be slightly different from the final product.

Typos and inconsistencies in this manual will be corrected in a timely manner.

If we have updates, this manual will change without notice. Our company reserves the right to revise the manual.

Package: One gift box, one user manual, one smartwatch, one USB charging cable.

Remark: This model is dustproof only.

Do **NOT** wear this product when showering or swimming at the sea. The water will surpass the proofing and there is a possibility of shorting the circuit. The warranty does not cover you in case of damage from the above reason.

Button Instructions



1. Watch case
2. ON/ OFF Power Button
3. Touch Display
4. Sports Mode Shortcut Key
5. Silicone strap
6. Speaker
7. Microphone
8. Sensor
9. USB charging pin
10. Charging cable

Charging instruction: this product adopts is using magnetic force charging. Supports **5V= 1A** mobile phone charger and computer USB interface. Put the charging cable to the back of the device's charging pins, it will charge automatically. It usually takes 2 hours to fully charge. Do not use the watch when charging.

Remark: You should place the magnetic charger correctly at the pins. If the charger is not properly aligned with the pins, it will cause the circuit to burn.

Connection

The watch can connect with your phone by downloading the application “**QWatch Pro**”, using one of the methods below

1) Android / IOS : Scan the QR code using any scanner, to download the app
“**QWatch Pro**”.



2) Searching and downloading the APP in the App Store or Google Play Store.

Quick connection guide

Step 1: The first connection between your watch and your mobile phone.

1. Turn on the mobile phones Bluetooth.
2. Scan the QR code or search the "QWatch Pro" APP in the APP Store or Google Play Store.
3. Download and install the "QWatch Pro" APP.
4. Enter the APP and accept all the necessary licences.
5. Select the second TAB (the watch) and Add device.
6. Select device "T30" with the highest signal.

Step 2: Turn ON the Bluetooth dial-up answering function.

1. Turn on the watch Bluetooth in the smartwatch.
2. Switch to your mobile phones Bluetooth list.
3. Search for "T30-BT" device and connect it.
4. The connection is successful. You are now able to make and receive calls.

Operational Instructions

- **ON/ OFF Power Button:** Press and hold the top button for 5 seconds.
- **Open the Control Panel:** Swipe from top to bottom to access the Control Panel of the smartwatch.
- **Open the main Menu:** Swipe from right to left to access the menu.
- **Open the list of Quick Functions:** Swipe from left to right for a quick access to a list of functions.
- **Open the Notifications:** Swipe from bottom to top to access the notification you received (SMS/ Calls/ Social Media, etc).

- **Switching Watchface:** Press and hold for 5 seconds the homescreen of the smartwatch to change the watchface.
- **Top Button:** Press it once to turn the screen ON/ OFF.
- **Bottom Button:** Press it once to quickly enter the Sports Mode.

Main Features:

- **Step Count:** Record the number of steps, distance, calories and other data of the day in detail.
- **Sleep monitoring:** It can record and display the total sleep duration, and check the sleep data for 7 days. (You must wear the bracelet to sleep to be able to detect data).
- **Heart rate monitoring:** Measure the current heart rate, record and display the 24h heart rate throughout the day, and automatically monitor the heart rate every 10 minutes.
- **Multi- Sport Mode:** Includes sports like walking, running, cycling, hiking, spinning, skipping rope, rowing machine, elliptical machine, yoga, basketball, volleyball, badminton, aerobics, kayaking, Main Function Description EN 5 roller skating, tennis, football, golf, table tennis Ball, dance, rock climbing.
- **Blood pressure monitoring:** Measure the current blood pressure, record and display the 24h blood pressure throughout the day, and automatically monitor the blood pressure every hour.
- **Blood oxygen monitoring:** Measure the current blood oxygen, record and display the 24h blood oxygen throughout the day, and automatically monitor the blood oxygen every hour.
- **Music control:** Control mobile phone music play/ pause /previous /next.
- **Camera control:** Open the mobile APP, click/shake the watch on the watch camera control interface to take a photo.
- **Weather forecast:** After Bluetooth is connected to the watch, the latest real-time weather forecast can be synchronized on the smartwatch side.

Main Features:

- **Bluetooth call:** After connecting the mobile phone 3.0 Bluetooth, you can make and receive calls through the watch.
- **Other functions:** Calendar, alarm clock, stopwatch, customizer, sedentary reminder, incoming call reminder, mobile phone search, breathing training, online dial, custom dial, theme style switching, night mode, etc.

Please note: The device is not a medical device. Any values shown are for reference only.

What is NOT Included in the Warranty Terms?

This warranty does not include:

- Any defects caused by an accident, misuse, abuse, improper installation or operation, lack of reasonable care, unauthorized modification, loss of parts, tampering or attempted repair by a person not authorized by the distributor.
- Any product that has not been installed, operated or maintained in accordance with the manufacturer 's instruction manual provided with the product.
- Any product that has been used for purposes other than the intended use.
- Any damage caused by improper power input or improper cable connection.

Disclaimer

- 1) Please ensure that Bluetooth and mobile GPS are turned on. When searching for the device via Bluetooth, make sure that no other device is connected. When searching for the device via Bluetooth, keep a close distance between your mobile and smartwatch.
- 2) If the Bluetooth connection is unstable during operation, try restarting the watch and connecting it to the mobile again. Be sure to turn on the automatic start for the smartwatch application, in the settings of your mobile phone. Also turn off the battery optimization (without restrictions) for the specific application, so that the continuous application-smartwatch communication is not interrupted.
- 3) If there is a problem with the watch or its use, please contact the store where you purchased it.
- 4) The measurements of the watch are for reference only and not for medical use. Please follow your doctor's instructions and do not use the measurements to make your own diagnosis.
- 5) The watch can withstand accidental contact with water. However, it can not be used for diving or being under water for a long time. In addition, the watch should not come in contact with hot water, as steam can penetrate the seal and cause internal damage.
- 6) The company has the right to modify the contents of this user manual without prior notice. Some functions differ depending on the software they carry.

- 7) **CAUTION:** Do not use a power adapter that gives more than **5v = 1A** to charge the device. If you use a charger larger than 1A for charging, the circuit and / or battery may be damaged.
- 8) Once the watch is charging, disconnect the cable from the power supply to prevent a short circuit if it comes in contact with conducting objects.
- 9) Do not leave the peripherals and accessories in areas where the temperature is too high or too low. Otherwise the device may malfunction.
- 10) Avoid hitting the device to reduce the risk of damage.
- 11) If you don't use it for a long time, please turn it off and recharge it once every month.

Only dustproof only.

Seawater is prohibited.

FAQ

1) What can I do if the smartwatch doesn't appear on the list with the available devices?

First please check if the smartwatch has battery (over 20%). Then place the smartwatch close to the mobile phone and try again. If this problem still exists, please turn OFF and ON the mobile's Bluetooth and try again.

2) Why is heart rate not being measured?

To make the measurement correctly, the watch must have good contact with your skin and the hand is not in motion.

3) Why is the watch not showing the messages?

You must have the "Access to notifications" permission enabled. You need to check that the message also appears in the notification bar of your mobile. If it is not displayed, the message cannot be forwarded to the watch.

Caution: Consult your doctor before starting any new physical activity. Although the watch can measure your heart rate in real time, it cannot be used for medical and diagnostic purposes.

The warranty terms that cover the product are mentioned in the details on the website.