

DAS-4

SU10 | User Manual



Please read this manual carefully before use

I. Introduction

SU10 is a multi-functional smartwatch with functions such as exercise detection, heart rate detection, and daily life assistant.

II. Components

The SU10 box contains: 1 smart watch ,1 magnetic USB cable,1 manual:.

III. Appearance Description



IV. Operating instructions

On the first use, make sure that the watch is fully charged. If the watch cannot be turned on under low power, please charge the watch fully. The charging time is about 2 hours. And the watch will automatically turn on after charging.

V. Main function interface

1.1 Function selection 1.2 Heart rate 1.3 Exercise mode 1.4 Exercise data



Figure 1-1



Figure 1-2



Figure 1-3



Figure 1-4

1.5 Exercise record



Figure 1-5



Figure 1-6



Figure 1-7



Figure 1-8

VI. Operation introduction

1.1 Touch function

A Press the key to wake up the screen, or double-tap to wake up the screen



- 1) Swipe the screen to the left: Enter the shortcut menu, you can choose: data, sleep, exercise, heart rate, music, weather
(click "+" to add a shortcut)
- 2) Slide down the screen: enter the setting shortcut menu, you can choose: do not disturb mode, screen brightness adjustment, settings, search mobile phone, and audio mode.
- 3) Swipe the screen to the right: for recently used functions
- 4) Slide up the screen: display information.
"Long press the screen" on the watch, and after the dial becomes smaller, swipe left and right to switch between different watch faces. You can rotate the button to switch between different watch faces.

1.2 Button function

- A One-click return
- B Long press to turn off and turn on
- C Rotate the button to switch the function menu

1.3 Charging

- A Align the top pin of the magnetic charging cable with the charging contact point of the watch to charge normally.
- B When the watch is charging, the battery symbol will be animated. When the battery is fully charged, the battery symbol on the screen will be full. The charging time is about 2 hours, and the watch will automatically turn on when charging.

1.4 Health data

- A Sports mode: When the watch is turned on, slide the screen or rotate the button to select "Sports" to enter a variety of sports, including: walking, running, mountain climbing, cycling, basketball, swimming, badminton, football, elliptical machine , Yoga, table tennis, skipping rope, tennis, baseball, rugby, hula hoop, golf, long jump, sit-ups, volleyball mode. In order to end the exercise, swipe the screen to the right and select Exit.

B Heart rate detection: Swipe the screen to the left, select "Heart Rate", and click to enter the heart rate detection mode. In the heart rate detection mode, the watch is worn on the left wrist and fits closely to the skin, the back of the watch flashes and the heart rate detection is turned on until the watch vibration (the end of the heart rate test), and displays the heart rate value.

C Data synchronization: After successful Bluetooth connection with the APK, the pedometer/sleep/heart rate data on the watch will be automatically synchronized to the mobile phone in real time.

1.5 Configuration

- A.Chip: Realtek RTK8762DT Bluetooth: 5.0
B. Screen size: 1.3 inches Screen pixels: 360*360
C. Compatible system: Android4.4 or higher, IOS8.2 or higher.
D. Standby time: 20 days in normal standby mode, 7-10 days

in use state.

1.6 APP "FitCloudPro" download

A Download: Android: Search for FitCloudPro in the "Google Play" app market to download. IOS : search for FitCloudPro in App Store to download. **B** Scan the QR code to download:



1.7 Login

Enter FitCloudPro, as shown below:



1.8 Bluetooth connection

A Bluetooth is always enabled on the smartwatch. First, turn on the Bluetooth and GPS of the phone in the "Settings". Then enter the "FitCloudPro" APP page, click the "Device" option, click "+Add Device", then click "Start Search" to start searching for the device name of the watch, select the name of the device to be connected to the watch, and click "Connect" until it displays "Binding is successful".

B After the Bluetooth connection is successful, the watch time is synchronized with the time on the mobile phone. On the shortcut menu of the sliding screen of the watch, click "Find mobile phone", and the phone will beep and vibrate.

C Bluetooth automatic reconnection:

- 1) There is no reminder on the watch when the Bluetooth connection range is exceeded. When the watch reaches the Bluetooth connection range, turn on the app and Bluetooth will automatically reconnect.
- 2) After turn off the application or restart your mobile phone -> enter "FitCloudPro" again, and the Bluetooth connection will automatically reconnect within the effective range of the Bluetooth connection.

1.9 Other functions: The following functions can work only when the app is successfully connected.

2.0 Message reminder: Activate notifications through the app. Mobile notifications will also be received on the watch.

2.1 Enhanced measurement: Turn on the enhanced measurement, and the data will be more accurate.

2.2 Sedentary reminder: Set the time period from start to end and the sedentary time interval (minutes). When the sedentary time is reached, the watch will vibrate and display the reminder icon.

2.3 Alarm reminder: Click on "Watch Alarm" on the app to enter, then click on the "+" in the upper right corner to set the alarm time, and then click on "Save" in the upper right corner. When the alarm time arrives, the watch will vibrate.

2.4 Reminder mode:

A Bright screen: When the alarm time set by the mobile phone's arrives or a promotion message is received, the watch will brighten

the screen and display the content;

B Vibration: When the alarm time is set on the mobile phone's APK or a promotion message is received, the watch will light up the screen, display the contents, and vibrate;;

2.5 Gesture control: You can set your watch to open when you raise your hand.

2.6 Health monitoring: You can freely select the time interval for automatic detection, and detect automatically health data such as heart rate.

2.7 Search mobile phone: When the watch and the mobile phone app are connected you can search on the watch and the mobile phone will beep.

2.8 Shake to take photos: The watch can control the camera function of the mobile phone and take pictures remotely.

Disclaimer

- 1) Please ensure that Bluetooth and mobile GPS are turned on. When searching for the device via Bluetooth, make sure that no other device is connected. When searching for the device via Bluetooth, keep a close distance between your mobile and smartwatch.
- 2) If the Bluetooth connection is unstable during operation, try restarting the watch and connecting it to the mobile again. Be sure to turn on the automatic start for the smartwatch application, in the settings of your mobile phone. Also turn off the battery optimization (without restrictions) for the specific application, so that the continuous application-smartwatch communication is not interrupted.
- 3) If there is a problem with the watch or its use, please contact the store where you purchased it.
- 4) The measurements of the watch are for reference only and not for medical use. Please follow your doctor's instructions and do not use the measurements to make your own diagnosis.
- 5) The watch is waterproof with IP67 certification which means that it can withstand accidental contact with water. However, it can not be used for diving or being under water for a long time. In addition, the watch should not come in contact with hot water, as steam can penetrate the seal and cause internal damage.

- 6) The company has the right to modify the contents of this user manual without prior notice. Some functions differ depending on the software they carry.
- 7) CAUTION: Do not use a power adapter that gives more than 5v == 1A to charge the device. If you use a charger larger than 1A for charging, the circuit and / or battery may be damaged.
- 8) Once the watch is charging, disconnect the cable from the power supply to prevent a short circuit if it comes in contact with conducting objects.
- 9) Do not leave the appliance and accessories in areas where the temperature is too high or too low. Otherwise the device may malfunction.
- 10) Avoid hitting the device to reduce the risk of damage.

**IP67: Dust resistant!
Seawater is prohibited.**

**The warranty terms that cover the
product are mentioned in details on
the official website www.das-4.com.**